

Occupational Therapy in Poland- Paradigm Shift

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Content

- Paradigm Shift in Polish OT
- Social context of OT on example of aging
- Emerging paradigm: Client-Centered Practice

The **paradigm** functions as a professional culture with common beliefs and values that make sense of and guide professional action (Macintyre, 1980).

Paradigm allows therapists to understand, in a very broad way, what they are doing when they practice. That is, it defines the most basic nature of their work, its primary concerns and methods, and its values. The profession's paradigm shapes occupational therapists' understanding of the nature of the service that they provide and their particular professional perspective (how they view their clients' needs and what they hold as important) (Kielhofner, 2009).

Crisis
Rejection of the Old Paradigm

The Rise of Competing Schools

Rise of problems the paradigm cannot handle

Paradigm
Consensus as to the nature of the phenomenon, problems to be addressed, and methods of solution
articulation of the paradigm

Crisis resolution through reorganization of the discipline under a new paradigm

External Factors
Social demands and epistemological demands on the discipline

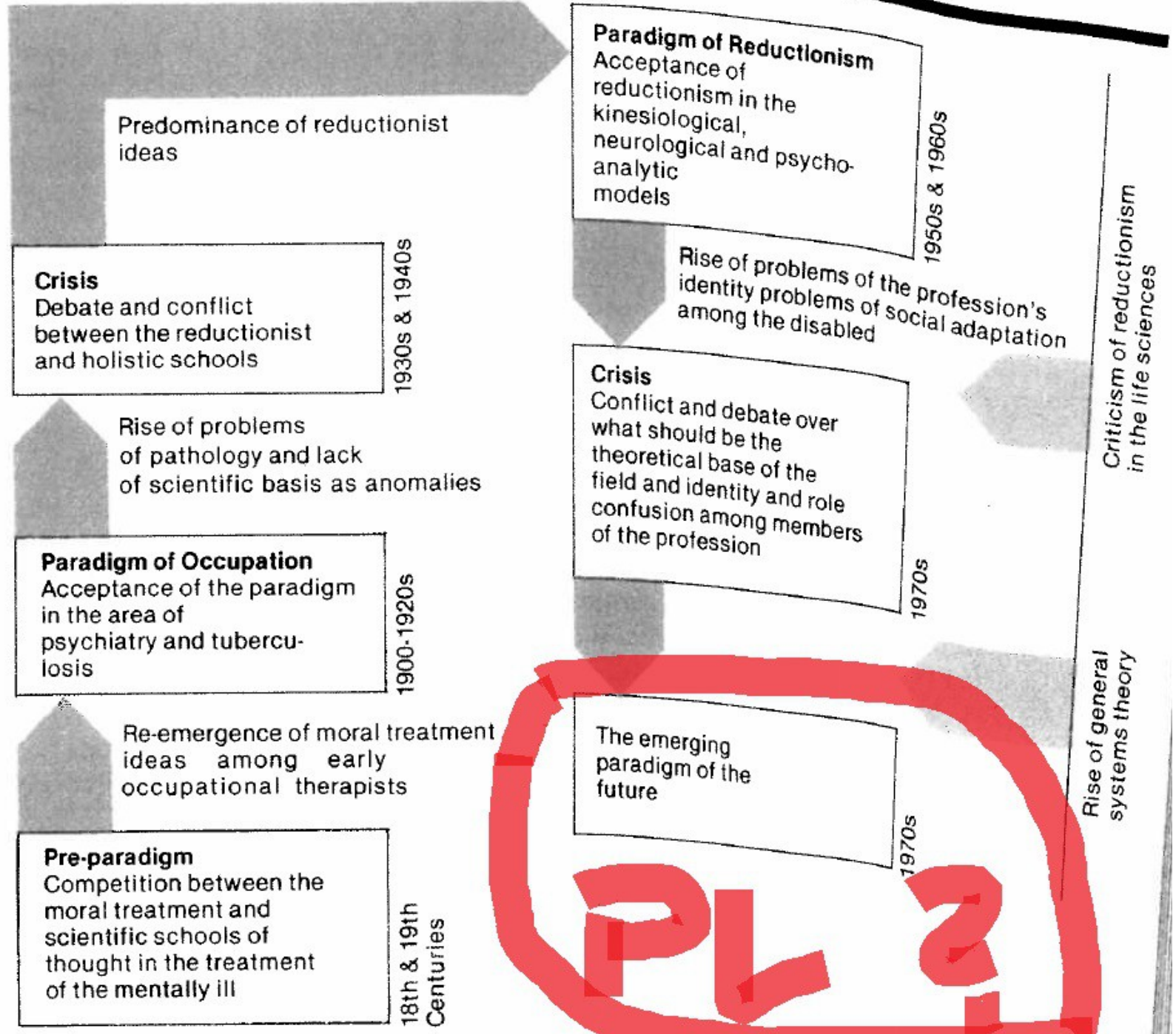
Rise of the one school of thought that will become the paradigm

Pre-Paradigm
Competing schools of thought confronting the same range of phenomena

EMERGING NEW PARADIGM

Pressure from
medicine on occupational therapy
to become scientific

Reawakening of concern for
the mentally ill and their treatment at
the turn of the century



PL 2

Paradigm Shift

What is defined as „impossible” today is impossible **only in the context of present paradigms**

Every paradigm will uncover problems it cannot solve and these become a catalyst for a paradigm shift

Barker, 1992

ENOTHE

European Network
of Occupational Therapy
in Higher Education



2010-2012 ENOTHE
Cours for OT Teachers

ENOTHE Standards:

Wrocław 2012 BA

Kraków 2012 BA

Kraków 2015 MA

Warsaw 2016 BA

Other:

Poznań 2012

Gdańsk 2015





World Federation of Occupational Therapists

Country and Organisation Profiles

Select your country : Poland

Associate member of WFOT since 2018

Polish Occupational Therapy Association
University of Physical Education in Cracow
al. Jana Pawla II 78
Cracow 31-571
Poland

E: biuro@pstz.org.pl
W: www.pstz.org.pl

President: Aneta Bac
Vice President: Urszula Chrabota

Poland TimeZone

Central European Summer Time (GMT +2)



COTEC @COTECEurope · 7 paź

☀️ We are happy to introduce our 31st member: #Polish Association of Occupational Therapists 🇵🇱
Congratulations and welcome to Council of #occuationaltherapists for the #European countries ☀️



1



5



14





European
Commission

*Economic and
Financial Affairs*



The 2015 Ageing Report

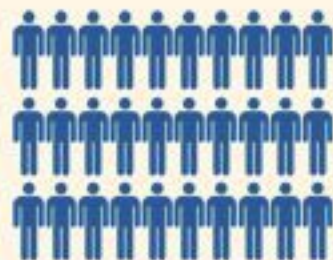
Projected demographic changes in the European Union



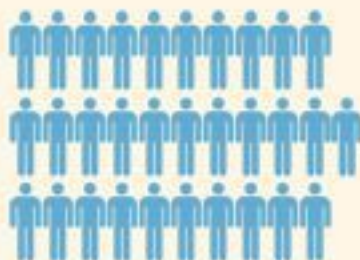
THERE WILL BE MORE PEOPLE

2013

2060



507 million people



523 million people

1

THERE WILL BE MORE OLDER PEOPLE



0-14



15-64



65-79



80+

2013	15.6%	66.0%	13.3%	5.1%
2060	15.0%	56.6%	16.6%	11.8%
	=	↓	↑	↑

%

THE RATIO OF WORKERS TO PENSIONERS WILL DECREASE

2013

2060



4 workers / 1 pensioner



2 workers / 1 pensioner



POLAND

2015 AGEING REPORT

PROJECTED DEMOGRAPHIC CHANGES



THERE WILL BE LESS PEOPLE



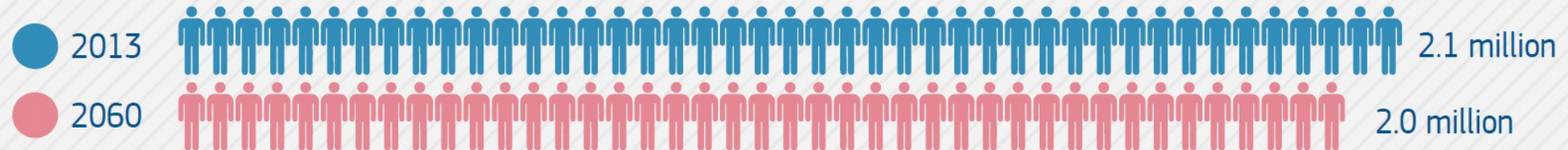
SLOVENIA

2015 AGEING REPORT

PROJECTED DEMOGRAPHIC CHANGES



THERE WILL BE LESS PEOPLE





MEN

WOMEN



PEOPLE WILL LIVE LONGER



MEN

WOMEN



PEOPLE WILL LIVE LONGER



0-14

15.0%

13.0%



15-64

70.5%

54.1%



65-79

10.7%

20.6%



80+

3.8%

12.3%

7 THERE WILL BE MORE ELDERLY PEOPLE



0-14

14.5%

14.7%



15-64

68.2%

55.9%



65-79

12.7%

17.0%



80+

4.6%

12.4%

Grey Tsunami/
Silver Revolution

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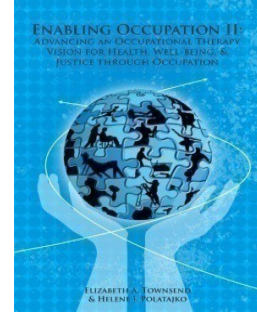
EMERGING NEW PARADIGM

Client-centered practice is a **partnership** between the client and the therapist that **empowers the client to engage** in functional performance and fulfil his or her **roles** in a variety of **environments**.

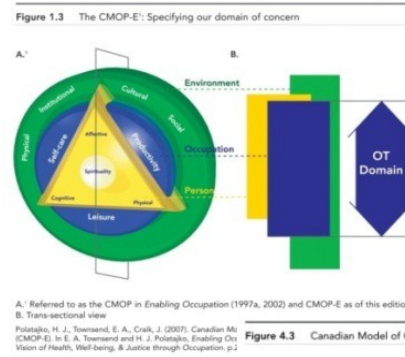
The **client participates actively** in negotiating goals, which are given priority and are at the centre of assessment, intervention and evaluation.

Throughout the process the **therapist listens to and respects the client's values**, adapts the interventions to meet the client's needs and **enables** the client to make informed decisions (Sumsion, 2000, p.308).

Enabling Occupation II: The Three Key Models

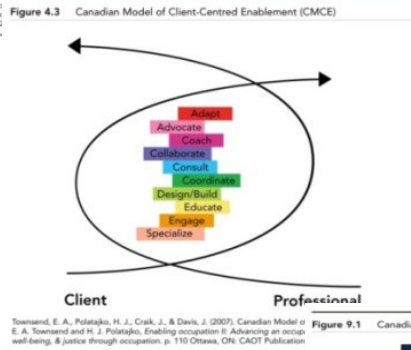


CMOP-E



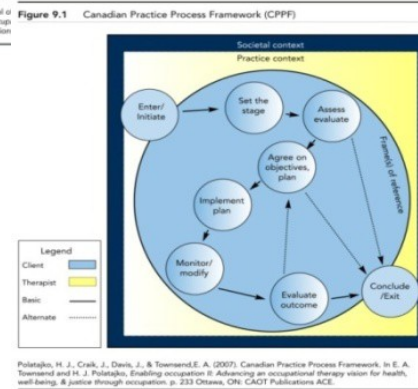
Core Domain of Concern

CMCE



Core Competences

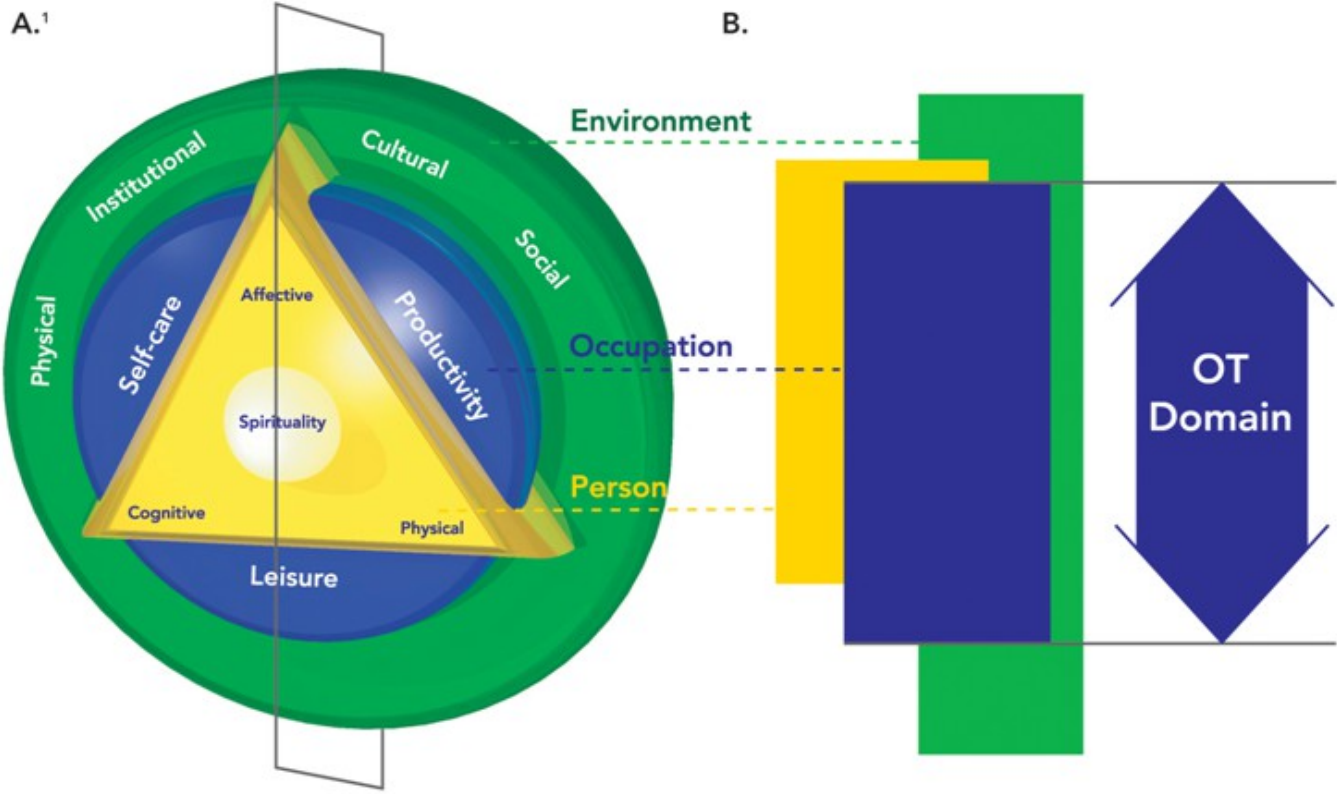
CPPF



Core Process

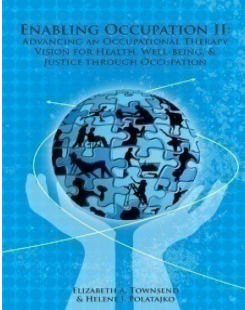
Core Domain of Concern

Figure 1.3 The CMOP-E¹: Specifying our domain of concern



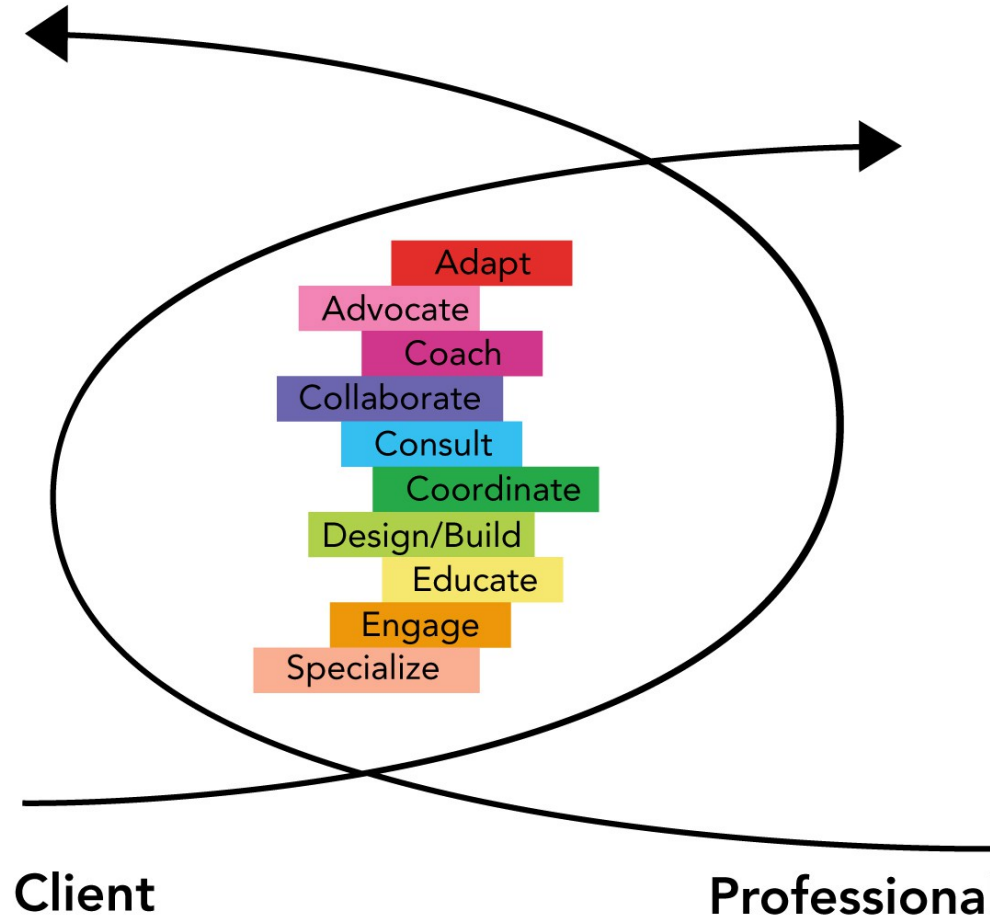
A.¹ Referred to as the CMOP in *Enabling Occupation* (1997a, 2002) and CMOP-E as of this edition
 B. Trans-sectional view

Polatajko, H. J., Townsend, E. A., Craik, J. (2007). *Canadian Model of Occupational Performance and Engagement (CMOP-E)*. In E. A. Townsend and H. J. Polatajko, *Enabling Occupation II: Advancing an Occupational Therapy Vision of Health, Well-being, & Justice through Occupation*. p.23 Ottawa, ON: CAOT Publications ACE.

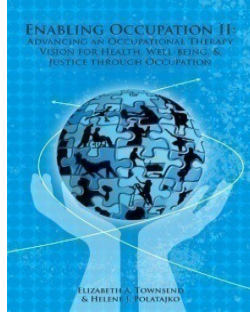


Core Competences

Figure 4.3 Canadian Model of Client-Centred Enablement (CMCE)

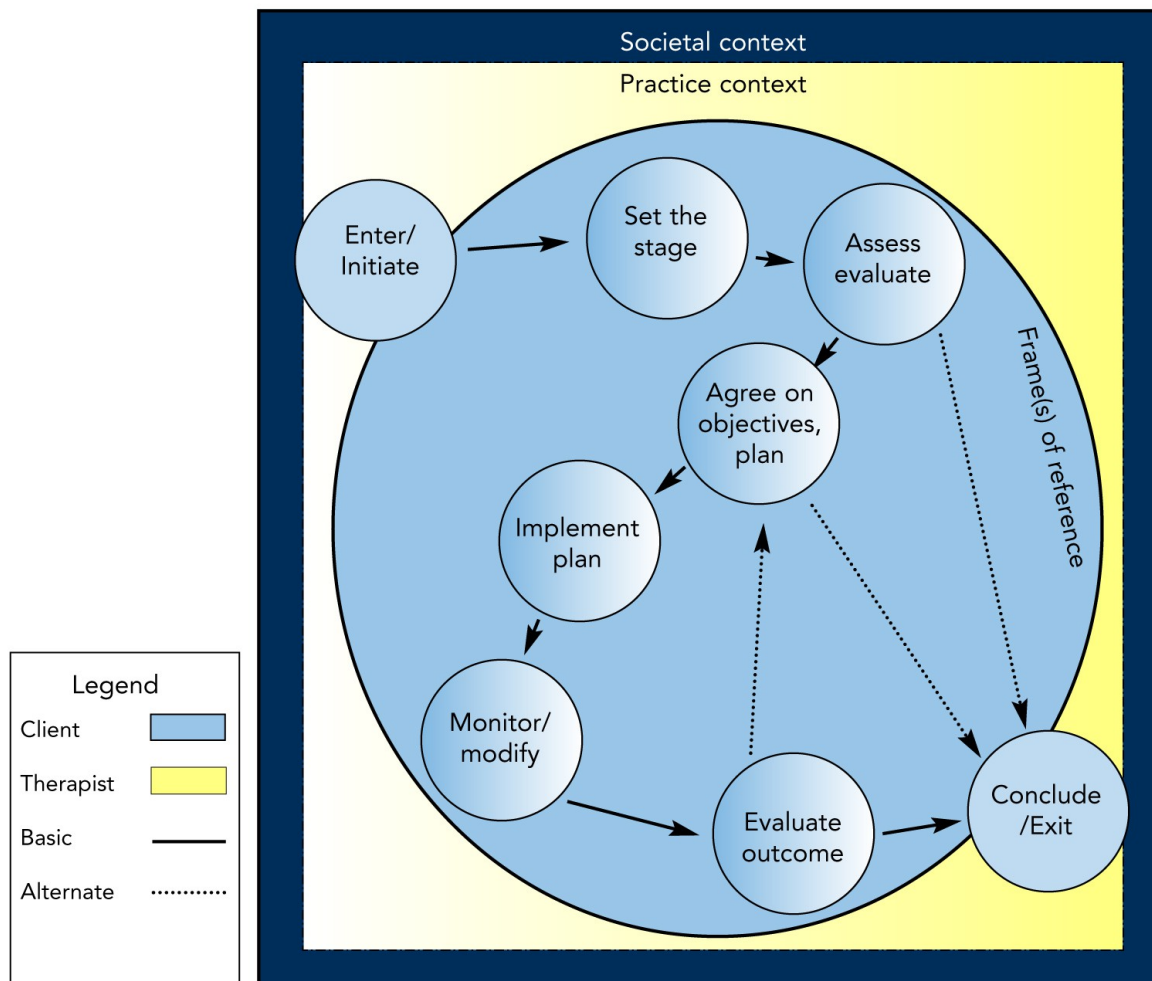


Townsend, E. A., Polatajko, H. J., Craik, J., & Davis, J. (2007). Canadian Model of Client-Centred Enablement. In E. A. Townsend and H. J. Polatajko, *Enabling occupation II: Advancing an occupational therapy vision for health, well-being, & justice through occupation*. p. 110 Ottawa, ON: CAOT Publications ACE.



Core Process

Figure 9.1 Canadian Practice Process Framework (CPPF)



Polatajko, H. J., Craik, J., Davis, J., & Townsend, E. A. (2007). Canadian Practice Process Framework. In E. A. Townsend and H. J. Polatajko, *Enabling occupation II: Advancing an occupational therapy vision for health, well-being, & justice through occupation*. p. 233 Ottawa, ON: CAOT Publications ACE.

COPM

Canadian Occupational
Performance Measure



Mary Law Sue Baptiste Anne Carswell Mary Ann McColl Helene Polatajko Nancy Pollock



5th Edition

Table 2. Number of contact with Client Centered models and tools in curriculum of Students of AWF Wrocław

	2012-2013			2013-2014			2014-2015			2015-2016			2016-2017			2017-2018			
	COPM	KAWA	ICF	COPM	KAWA	ICF	COPM	KAWA	ICF	COPM	KAWA	ICF	COPM	KAWA	ICF	COPM	KAWA	ICF	
2 MS PT Full-time					122	122		130	130		114	114		109	109		116	116	1182
2 MS PT Evening					31	31													62
2 MS PT Extramural					29	29		85	85		74	74		51	51		44	44	566
1 BA OT	28	28	28	39	39	39	30	30	30	31	31	31	38	38	38	33	33	33	597
2 BA OT				28	28	28	34	34	34	18	18	18	15	15	15	26	26	26	363
3 BA OT							17	17	17	32	32	32	19	19	19	14	14	14	246
TOTAL:	28	28	28	67	249	249	81	296	296	81	269	269	72	232	232	73	233	233	3016
TOTAL PT:	1810																		
TOTAL OT:	1206																		

Conclusion

- **Slovenia** is on the *end of the way* to implement COPM as tool for all OT's
- **Slovenian** experiences are very **inspiring** for Polish OT's
- Poland and Polish OT Association (**PSTZ**) is hoping for **cooperation** with Slovenian Association (**ZDTS**) on implementing COPM in Poland
- Polish OT Students have contact with **CCP tools** in curriculum
- That is hope for **paradigm shift in practical settings** in Poland

Thank You for Your attention

HVALA



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- <http://www.thecopm.ca/>